



IOSH Qatar Branch Meeting

Date: 07th February 2018

Welcome- Before we begin

Important briefing for your SAFETY!



Fire alarms, tests & evacuations



Welfare facilities



Mobile phones (switched off or silence mode)



Please sign the attendance register



Agenda

Welcome and Introductions:

- New Members/Upgraded Members/Visitors (PB)
- Any Potential Job Vacancies (PB)
- IOSH News (MR)
- Branch Statistical Analysis (MR)

Presentation 1:

- Leadership & Culture 'why is it important'
- By: Mr. Peter Bohan

Networking Break-Survey (PB)

Presentation 2:

- 'Review and Analysis of Incidents in the World '
- Q & A.

Speakers Certificate presentation (PB & MR)

Summary (PB)

IOSH Branch Member's Survey



A message from your Network

Dear Valued Member,

We have prepared a short survey for you to complete which will provide useful feedback for us when developing our plans for 2018 and beyond. Your responses will help shape the focus of the branch meetings, and help us to make sure we are providing you with the content that is of interest to you.

We would like to ask for your support in completing these questions, which should take no longer than about 5 minutes - All responses will be strictly confidential.

You can access the survey here: <https://www.surveymonkey.co.uk/r/9MJ55PV>

The closing date is **Wednesday 7th February 2018.**

If you have any questions about this survey, please contact international@iosh.com.

Thank you in advance for your support!

Best wishes

Qatar Branch Executive Committee

PLEASE DO NOT REPLY TO THIS EMAIL. WE DO NOT LOOK AT THE MAILBOX THAT IT COMES FROM.

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Contact us

Unsubscribe

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Registered charity in England and Wales No. 1096790

Registered charity in Scotland No. SC043254

Qatar Executive Committee 2018-19

The Qatar Branch Annual General Meeting (AGM) will be taking place on Thursday 19 April 2018 at the Radisson Blu Hotel, Doha.

Nominations for the Qatar Executive Committee 2018-19 are now open for the following positions:

Principal Officers

Chair

Vice-Chair

Secretary

Treasurer

Committee Members

Communications Coordinator (x2)

Professional Development Officer

Executive Committee Member (x3)

<https://www.iosh.co.uk/Membership/Our-membership-network/Our-Branched/Qatar-Branch/Branch-news-and-resources/AGM-nominations-2018.aspx>

IOSH Qatar Branch Statistics

Membership Statistics Report for Current Members by Branch



Qatar

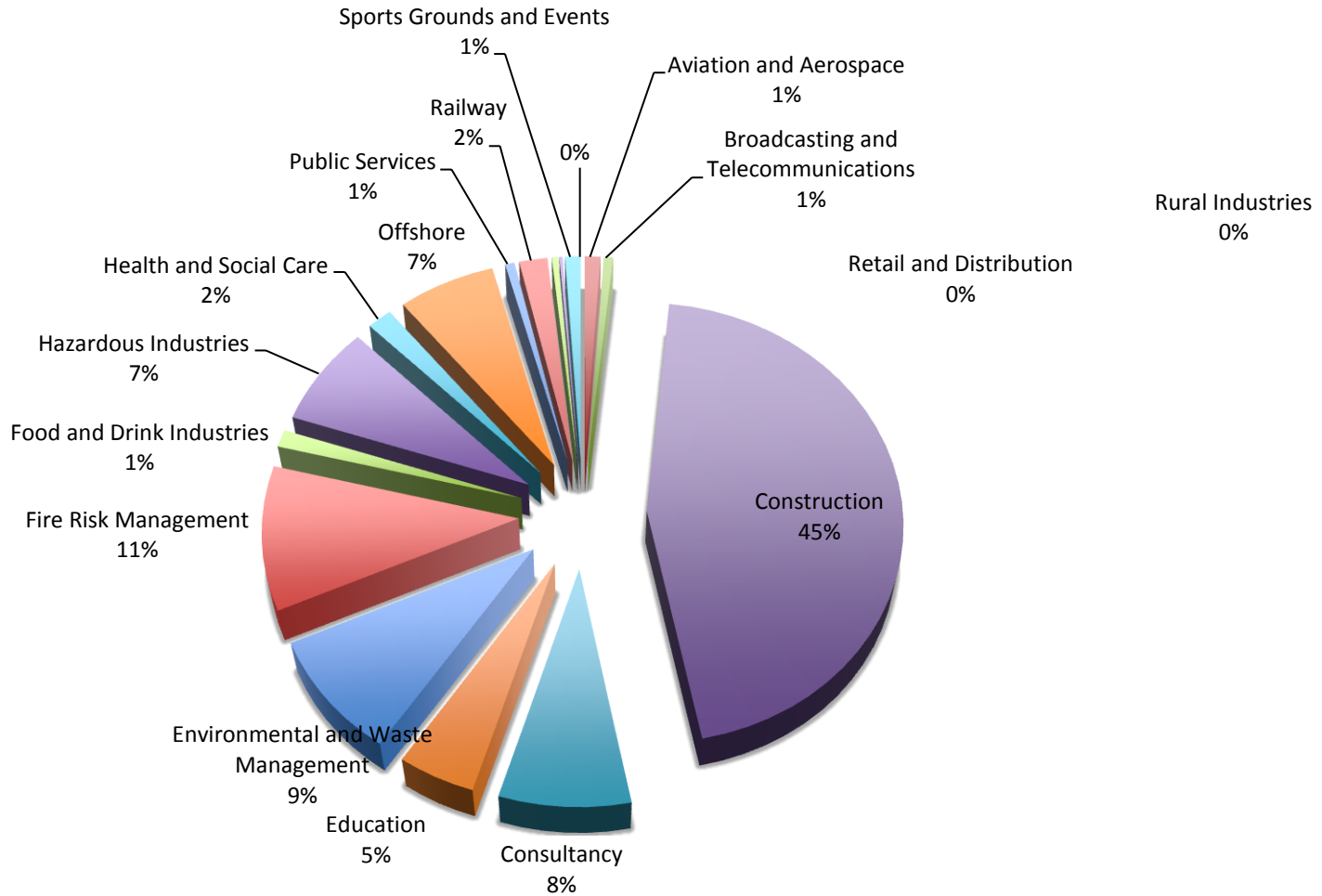
Category Description	Category Total	Category Paid	Category Unpaid
Affiliate	109	81	28
Associate Member	4	3	1
Chartered Fellow	4	4	0
Chartered Member	71	43	28
Graduate Member	184	134	50
Technical Member	123	87	36
	<u>495</u>	<u>352</u>	<u>143</u>

SG's attached to branch

	SGs Total
Aviation and Aerospace	5
Broadcasting And Telecommur	3
Construction	214
Consultancy	37
Education	22
Environmental and Waste Man:	42
Fire Risk Management	50
Food and Drink Industries	6
Hazardous Industries	35
Health And Social Care	8
IOSH Membership	2
Offshore	31
Public Services	3
Railway	9
Retail and Distribution	2
Rural Industries	1
Sports Grounds And Events	5
	<u>349</u>
Total Members of SG's	

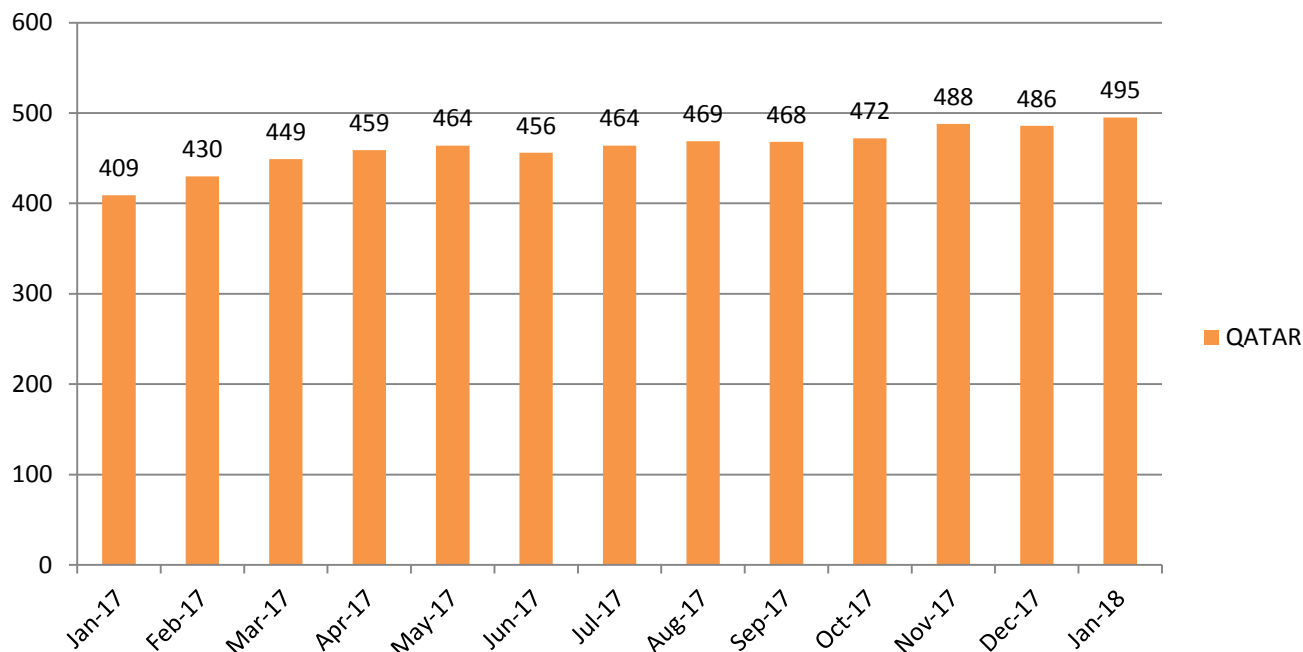
IOSH Qatar Branch- Groups

Qatar Branch



IOSH Qatar Branch- Growth

IOSH Qatar Branch- Membership Fluctuations- 2017-18



MEMBERSHIP BY CATEGORY - January 2018

COUNTRY	Affiliate	CF	CM	Fellow	GM	TM	HVP	Member	Associate	HF	Life	Total
QATAR	109	4	71		184	123			4			495

IOSH- Facts

Sleep in numbers



annual cost
of lost sleep
to the UK¹

around
£30bn

200,000 working days lost



in UK every year to
insufficient sleep¹



1 in every 3

people in the UK are
affected by insomnia³

Better sleep

is the biggest
single contributor
to living better⁶



We naturally feel
tired at two different
times of the day:

2pm



2am

Working **night shifts**
has about a **25-30%**
higher risk of injury
than working day shifts⁷



3.2
million
night workers
in the UK⁵

And **1 in 9** workers
who work night shifts⁵

Health risks:

<6
13%

Adults who sleep fewer
than **6 hours** a night have
a **13% higher mortality**
risk than adults who sleep
at least 7 hrs¹

<7
30%

Adults who sleep less
than **7 hours** a day are
30% more likely to be
obese than those who
sleep for 9 hours or more⁴



Adults **need**
between

7

&

9

hours of
sleep a night²



We spend about
1/3 of our
lives sleeping

IOSH Qatar Branch- International Updates



ISO 45001 approved!

Publication expected March 2018



IOSH Magazine (Feb' 2018)



IOSH Magazine is a 'must read' for safety and health professionals. With regulatory updates, practical ideas, provocative opinions, industry-specific features and professional profiles, it gives IOSH members the management information they need.

For more information on IOSH Magazine, please checkout the following links:

<https://www.ioshmagazine.com/>

[February 2018 link as follow:](http://ln-iosh-prod-storage.s3-eu-west-1.amazonaws.com/ioshDigitalMagazine/2018/02Febraury/html/index.html)

<http://ln-iosh-prod-storage.s3-eu-west-1.amazonaws.com/ioshDigitalMagazine/2018/02Febraury/html/index.html>



Further Information

The screenshot shows the IOSH website interface. At the top, there is a navigation menu with links for Home, Business, Jobs, Discussion forums, Contact us, Media centre, and Join us. The IOSH logo and a 'WORK 2022' badge are on the left. On the right, it says 'You're logged in as Reza' with a 'Log Out' button and a search bar with a 'Go' button. Below the navigation menu, there is a secondary menu with links for About us, Membership, Books and resources, Training, News, Events, and MyTOSH. The main content area features a breadcrumb trail: Home > Membership > Our membership network > Our Branches > Qatar Branch > Branch news and resources > Qatar Branch Meeting 10 January 2018. A sidebar on the left lists 'Qatar Branch' with sub-links for Branch news and resources, Branch events, Branch committee, and Committee only. The main content area has a heading 'Qatar Branch Meeting 10 January 2018' and text stating that presentations from the meeting are available for download. A list of presentations includes 'January 2018 Branch Meeting' and 'Science of Stress and Secret of Wellbeing by Dr Ganapathi Manchi'. A link is provided to download the Branch Meeting Minutes. At the bottom, there is a footer with links for Home, Terms of use, Data protection, Accessibility, Site map, and Listen with BrowseAloud, along with the copyright notice '© 2018 IOSH'. A 'Website approved by Plain English Campaign' logo is also present. The full name and address of the Institution of Occupational Safety and Health are listed, along with contact information and a note that the website was developed by Kagool.

****Presentations of the previous branch events/meetings.**

Further Information

<https://www.iosh.co.uk/Membership/Become-a-member/Join-us.aspx>

https://twitter.com/IOSH_tweets

<https://www.linkedin.com/company-beta/117339/>

<https://www.facebook.com/IOSHofficial>

<https://www.youtube.com/user/IOSHchannel>

[Contact us: membership@iosh.co.uk](mailto:membership@iosh.co.uk)

Thank you!

